WHAT IS CLAIMED IS:

1. A hinge comprising:

a frictional body made of resin and having an elongated bearing hole with a tapered inner surface and a center line and at least one lubricant groove cut in the tapered inner surface, having an opening and configured to hold lubricant;

a rotation shaft having a tapered peripheral surface and inserted in the bearing hole of the frictional body;

a tightening tool which moves the rotation shaft and the frictional body relative to each other, thereby to hold the shaft tightly in the bearing hole,

wherein the lubricant groove remains open even when the tapered inner surface is deformed as the shaft exerts a pressing force on the tapered inner surface.

- 2. A hinge according to claim 1, wherein the transverse cross-sectional shape of the lubricant oil groove is formed to have a substantially V shape.
- 3. A hinge according to claim 1, wherein the transverse cross-sectional shape of the lubricant oil groove is defined to be made W>H where W denotes the opening width of the oil groove and H denotes the depth of the oil groove.
- 4. A hinge according to claim 1, wherein the lubricant oil groove is formed to have an elongated shape, the longitudinal direction of the elongated

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groove being located along the inner surface of the bearing hole at an angle relative to the center line of the frictional resin body.

- 5. A hinge according to claim 1, further comprising a metal collar tightly fitted on the outer periphery of the frictional resin.
- 6. A hinge according to claim 2, wherein the transverse cross-sectional shape of the lubricant oil groove has its opening angular edges radiused.
- 7. A hinge according to claim 2, wherein the lubricant oil groove is formed to have an elongated shape, the oil groove being located along the inner surface of the bearing hole at an acute angle relative to the center line of the frictional resin body.
- 8. A hinge according to claim 3, wherein the transverse cross-sectional shape of the lubricant oil groove has its opening angular edges radiused.
 - 9. A hinge comprising:

a frictional body made of resin and having an elongated bearing hole with a tapered inner surface and a center line and at least one lubricant groove cut in the tapered inner surface, having an opening and configured to hold lubricant;

a rotation shaft having a tapered peripheral surface and inserted in the bearing hole of the frictional body;

a tightening tool which moves the rotation shaft

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and the frictional body relative to each other, thereby to hold the shaft tightly in the bearing hole,

a spring member provided in a compressed state between the frictional body and the tightening tool;

wherein the lubricant groove remains open even when the tapered inner surface is deformed as the shaft exerts a pressing force on the tapered inner surface.

- 10. A hinge according to claim 9, further comprising:
- a fixed washer arranged on a bearing body side and a rotation washer arranged on a rotation shaft side, wherein the spring member is located between the fixed washer and rotation washer
- 11. A hinge according to claim 9, further comprising a metal collar tightly fitted over the outer periphery of the frictional resin body.
- 12. A hinge according to claim 10, wherein the spring member is comprised of a seat spring, the seat spring being so located that the seat spring is tightened between the fixed washer and the rotation washer to a collapsed, flattened state.

13. A hinge comprising:

a frictional body made of resin and having an elongated bearing hole with a tapered inner surface and a center line and at least one lubricant groove cut in the tapered inner surface, having an opening and configured to hold lubricant;

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a rotation shaft having a tapered peripheral surface and inserted in the bearing hole of the frictional body;

a tightening tool which moves the rotation shaft and the frictional body relative to each other, thereby to hold the shaft tightly in the bearing hole,

wherein the lubricant groove remains open even when the tapered inner surface is deformed as the shaft exerts a pressing force on the tapered inner surface, and the tightening tool includes a screw provided on the rotation shaft and a nut set in mesh with the screw.

- 14. A hinge according to claim 13, wherein the transverse cross-section shape of the lubricant oil groove is formed to have a substantially V shape.
- 15. A hinge according to claim 13, wherein the transverse cross-section shape of the lubricant oil groove is defined to be made W>H where W denotes the opening width of the oil groove and H denotes the depth of the oil groove.
- 16. A hinge according to claim 13, wherein the transverse cross-section shape of the lubricant oil groove has its opening angular edges radiused.
- 17. A hinge according to claim 13, wherein the lubricant oil groove has an elongated shape, the longitudinal direction of the elongated lubricant oil groove being located along the inner surface of the

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lubricant hole at an acute angle relative to the center line of the frictional body.

18. A hinge according to claim 13, wherein the lubricant oil groove is formed to have an elongated shape, the oil groove being located along the inner surface of the bearing hole at an angle relative to a center line of the frictional body.